# Learn it Today — Use it Tomorrow! Cutting Edge Strategies to Improve Executive Function Strategies April 30, 2019

### **Target Audience:**

K-12 Speech and Language Pathologists, Special Education Teachers, Classroom Teachers, School Psychologists, Social Workers, and Counselors.

## **Event Agenda:**

8:00-8:30: Registration Sign In 8:30-3:00: Workshop

# Metro ECSU — Training Room

2 Pine Tree Drive, Suite 101 Arden Hills, MN 55112

Fee: \$45 (lunch & snacks included)

#### **Register online:**

metroecsu.myquickreg.com event calendar

Registration Deadline: April 23, 2019

# **Registration Contact**

Gail Jankowski gail.jankowski@metroecsu.org

# **Program Contact**

Kayna Plaisted kayna.plaisted@metroecsu.org

#### **Presenter:**

Sarah Ward, M.S., CCC/SLP has over 23 years of experience in diagnostic evaluations, treatment and case management of children, adolescents and adults with language learning disabilities, nonverbal learning disabilities, attention deficit disorder, executive dysfunction, Asperger's disorders and social pragmatics.

Sarah will be presenting virtually to the training room.

You cannot afford to miss this dynamic day of learning! It is 5% theory and 95% new strategies to add to your teaching toolbox! Learn it today and implement it tomorrow! Learn how to collaboratively support students across the day ... from home to school and back again!

# **Learning Outcomes**

-State the functional working definition of what is meant by the term "executive function skills" as it pertains to therapeutic interventions

-Define how situational awareness, self-talk, forethought and episodic memory are the foundational skills for successful task execution

-Develop an intervention program to foster a student's ability to form more independent executive function skills by describing therapeutic activities to improve: -Situational awareness, self-talk, and forethought

-Self-regulation and following routines -Task planning, task initiation and transition within and between tasks

-Active self-management of the factors related to the passage of time

-Internal self-talk for initiating tasks

- -Organized thinking and speed of processing
- -Student management of materials
- -Space Makeover organize the classroom to promote executive function skills



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